

MENTAL HEALTH

Disaster Distress Helpline from the Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

1-800-985-5990 or Text "TalkWithUs" to 66746

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/>

1-800-273-TALK (8255)

National Alliance on Mental Health

<https://www.nami.org/Find-Support>

They also compiled a document with helpful links:

<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Update...>

Warren County Mental Health & Addiction Resources

http://www.co.warren.nj.us/emp_pub_info/MH%20Rec%20Sup%20Flyer.pdf

New Jersey Hope Line (Suicide Prevention)

800-273-8255

New Jersey Mental Health Cares

866-202-4357

TTY: 1-877-294-4356

<https://www.njmentalhealthcares.org/>